

Blood Sample Collection Instructions

Intracellular NAD™ Test

3 Simple Steps to Complete Your NAD Test:

- **REGISTER** for an account at jinfiniti.com and **ACTIVATE** your kit with the activation code printed on your blood collection card
- **PREPARE** your blood sample
- **SHIP YOUR BLOOD CARD** and wait for an email notification with your results

Need Help?

Email hello@jinfiniti.com
with any questions

Visit jinfiniti.com for
more information



The Intracellular NAD™ test is not intended to be used to screen, diagnose, treat, prevent or assess risk of any disease or condition. The test measures the total level of NAD⁺ and NADH in blood and has been shown to be relevant to the aging process or age-related diseases in extensive scientific research. The test has not been cleared or approved by the U.S. Food and Drug Administration.

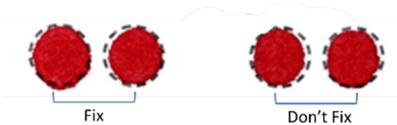
Blood Sample Collection Instructions

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Kit Components: 1 Blood Spot Card, 1 Fixing Buffer, 2 Lancets, 2 Bandages, 2 Gauze Pads, 2 Alcohol Pads

1. For new customers, go to jinfiniti.com and register your account using your email address.
2. Login and click "Activate My Kit" under "My Account." Enter the activation code exactly as shown on the blood spot card to activate your kit. **Keep a record of the card.**
3. Print your Name, Date of Birth and the Sampling Date on the blood spot card.
4. Watch the "Blood Spot Collection Instruction" video at jinfiniti.com/help/icNAD/ then **read remaining instructions.**
5. Wash & massage hands with hot water and soap for 2-3 minutes, then dry them. Use the alcohol pad to sterilize the tip of a finger from your non-dominant hand.
6. Unfold the blood spot card. Twist cap off lancet and place tip against side of your finger tip. Push down hard until you hear a click and feel a pinch.
7. Squeeze the finger around the prick site to **form a large drop of blood** and allow it to naturally fall onto the first circle marked as "Fix."



Make sure to drop enough blood to soak fully through the blood card for accurate results. Both sides of the blood card should look like the visual shown on the left.

8. Continue to **completely fill all 4 circles** if possible. One full "fixed" spot is better than multiple incomplete spots that do not soak through the card.
9. Once the blood spot card is complete, squeeze gauze to fingertip, then apply bandage.
10. **Air dry the blood spots for 2-3 hours**, or overnight if necessary. Make sure the blood cards are open while drying and blood spots don't touch anything. **Drying the spots is absolutely required to obtain an accurate measurement of NAD.**
11. Apply 2-3 drops of "NAD Fixing Buffer" on the front side of each spot marked as "Fix." Let the blood card dry again for a few minutes.
12. Apply 2-3 drops of buffer to the back side of the 2 spots marked as "Fix". Let the card dry again for a few minutes.
13. Place the blood card into the provided aluminum bag, then ship immediately using a service that will ensure arrival within 3-10 days.

Please ship to the following address:

Jinfiniti, 1235 Walton Way, Augusta, GA 30901, USA

14. Within 5-7 business days after the sample is received, you will be notified via email that your report is ready to view and download from your Jinfiniti account. **For assistance at any time, please email hello@jinfiniti.com**